



Cristina Teot



Journey through the Heart and Soul of Egypt

Spiritual, Multidimensional and Transformational Journey

organized by www.cristinateot.ch and mediated through www.soulofegypttravel.com

Arrival 20th September - departure 30th September 2019

Are you at a point on your spiritual journey, where you feel you have done quite a bit of work on yourself? Meditation, awareness, sensitivity and multidimensionality are nothing foreign to you? Do you feel being at point of your inner journey where you wish to move to a whole new and different level in whatever your endeavors are? Are you willing to engage in mystical and magical experiences? To receive universal love from the heart and soul of ancient Egypt?

During this 11-day journey¹ we visit ancient temples through the literally multidimensional land of Egypt and will experience private visitations between the paws of the Sphinx, in the Temple of Isis and in the Great Pyramid of Giza. We sail on the Nile, can relax and let soul absorb its power and energy. We will have time to talk about our multi-dimensional experiences, our perceptions and experiences, to exchange ideas and thus gain more confidence in our own intuition and perception. Every single place we visit has the potential for inner activation and elevation of your spiritual and perceptual power and your multi-dimensionality.



The **first day** of our transformational journey begins with the individual arrival of the participants in Cairo. We will welcome you at 4 pm at the [Mena House Hotel in Giza](https://www.marriott.com/hotels/travel/caimn-marriott-mena-house-cairo/)² for the official welcome and opening by Cristina and the [Soul of Egypt Travel](http://www.soulofegypttravel.com) Team.

On the **second Day** of our multidimensional activation we will have our first two-hour private visitation. Between the Paws of the Sphinx we will meditate and feel the power and energy of this truly amazing being. Later in the day, we will visit an essential oil producer and healer where, if we wish to, we can purchase Egyptian fragrances we can use during our meditations.



Early in the morning of our **third Day** we drive to Sakkara to feel the extraordinary healing frequencies of the ancient complex around the step pyramid. This place was an advanced Egyptian in ancient history. The Healers who worked here wrote "The book" which's knowledge was taught in all the mystic and healing schools throughout the ancient Egypt.

¹ Changes on itinerary reserved.

² <https://www.marriott.com/hotels/travel/caimn-marriott-mena-house-cairo/>



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In vicinity of the Sakkara Complex, surrounded by desert, we are going underground into the indescribable energy field of the Serapeum and its many 70-ton sarcophagus. It was a tomb for the holy bulls considered to be incarnations of the ancient Egyptian deity Ptah. In Egyptian mythology Ptah is known as the God of artisans and architects.

After lunch we fly to Aswan and board a beautiful Dahabiya³ on which we are sailing the Nile for the next five days and nights.

On our **fourth day** we have our second private visitation in the Temple of Isis on the island of Philae in Aswan. This is one of the many highlights of our journey. The radiance of feminine energy and strength is particularly noticeable here. Isis, sister and wife of Osiris and mother of Horus, was the Egyptian goddess of marriage, fertility, motherhood, magic and medicine. There are many myths and legends about Isis in Egypt and the Egyptian literature uses several names and titles for this goddess. The worship of Isis, her temples and her cult spread throughout Egypt and parts of Europe.



After this powerful Isis activation, we spend the rest of the day on the Dahabiya sailing the Nile towards Edfu, where we anchor are for the night.



In the morning of **fifth day** we visit the second largest temple in Egypt, the temple of Edfu, also known as Horus Temple, the falcon-headed god. Horus, son of Isis and Osiris, who avenged the death of his father by defeating his uncle Seth. It is one of the most beautiful and best-preserved Egyptian temples and its energy is mesmerizing. After our visit, we continue sailing and integrating the experienced.

We continue our journey on **day six** sailing and navigating through the locks at Esna towards Luxor where we anchor. By coach we are taken to meet Sekhmet, within the majestic Karnak Temple complex. Visiting the statue of Sekhmet is another highlight and can truly leave you Sekhmetized. This specific statue has been in the same place for more than 3000 years. This lion headed goddess can truly captivate you.



On top of that, the obelisks and the art within the temple are truly astonishing.

³ Depending on the number of participants may be a small cruise ship



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Early in the morning on **day seventh** we drive to the West Bank in order to catch the sunrise at the magnificent temple of Hatshepsut. Hatshepsut was the second historically confirmed female Pharaoh. Her rise to power was remarkable, given her bloodline, education, and knowledge on religion. Her bloodline was impeccable as she was daughter, sister and wife of a king. Her understanding of religion allowed her to establish herself as the wife of the god Amen. Back on our Dahabiya for a late breakfast and time to relax before we pack up and prepare ourselves to leave the Nile and the Dahabiya. The crew's farewell dinner in the evening will make our departure easier.

The eighth day we are going to Dendera. After a two-hour luxury bus ride we arrive at the very well preserved temples complex dedicated to the goddess Hathor. The joyful full energy of Hathor is very perceptible. She is considered the goddess of love, beauty, sensuality, music and singing. Back in Luxor we check in at the famous Sonesta St. George Hotel. We will have time for shopping, to visit a market or simply relaxing. In the evening we will experience the imposing temple construction of Luxor.



In the morning of **day nine** we fly back to Cairo and check in at the Mena House Hotel for the next two nights. We have some time to prepare ourselves for the grand finale - the private visit to the Great Pyramid, which is the final activation on this truly transformative journey.

On our **tenth** and **last day** we can sleep in, enjoy the wonderful gardens of the Hotel Mena and integrate our experiences. Depending on wishes, last minute shopping is possible or a visit the Egyptian Museum.

We will officially celebrate this amazing journey through the heart and soul of Egypt with a final closing circle followed by a farewell dinner and party.

Day eleven is an individual departure day - back home.

If you want, you can of course stay longer or arrive a few days before the start of the journey. We are happy to support you if you wish to book additional nights.



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Useful information

Individual time and space to feel and integrate the experiences are planned daily. We call it **"Feel Egypt Time"**, where you allow yourself to integrate and activate the energy through all of your subtle and multidimensional bodies.

Energetically, each site will give you exactly what you need for your soul, your heart, your spiritual and multi-dimensional journey as well as for your projects and endeavors.

As a group, we meet regularly to meditate and to share our experiences. For Cristina the sharing is essential, as it supports the integration and activation. It also reinforces your own awareness, perceptions, feelings and impressions when listening to someone else's experience.

As a Medium, Cristina will offer individual time to each participant on sensitive, mediumistic and multi-dimensional aspects related to the journey. If desired, sensitivity and perception exercises are given, so you can train and trust your own intuitions and awareness.

If you want, you can book a private session with her during the trip.

Once you register for this amazing journey, you will receive more in depth information for your preparation.



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Who are we?

Cristina is a Psychic and Medium, and the multidimensional moderator and initiator of this journey. She herself experienced a transformative group trip through the Heart and the Soul of Egypt. Cristina fell in love with ancient and modern Egypt, with its literal multidimensionality, the power and vibrations of the land, the warmth and hospitality of the Egyptians. Within days of returning home, she contacted the Soul of Egypt Travel team (SoE) and decided on wanting to share and offer her unforgettable and transforming experiences with others.

With SoE's Tour Manager we can be sure that everything will be taken care of. All transport, accommodation, food and water, temple entries and further logistical, organisational matters will be handled 24/7. He is warm hearted, very experienced, and professional in guiding spiritual groups through his Egypt. He is a magician in navigating us through the sometime huge temple sites, making sure we are guarded and getting the space we need to feel the energies. His presence, even from a far, always gives reassurance, makes us feel safe.

The Egyptologist, on the other hand, will be guiding us through the history of ancient and modern Egypt with his expertise and profound knowledge. His experience and love in guiding people on spiritual journeys through his homeland, sharing his insights is precious and will support us in understanding the many mystical and magical places we will visit.

And in the background is the operations team of SoE, whom skillfully and with much love manage operational and administrative matters.

Therefore, as participants, we can fully relax and enjoy the extraordinary and life-changing journey of our lives.

If you 've read this far and your heart higher, your thoughts are racing with curiosity, then maybe you hear **Egypt's Call!**

We Welcome you Home!

Cristina and the Soul of Egypt Travel team



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Pricing 10 nights, 11 days – 20th to 30th September 2019

Registration deadline 15th July 2019

The price⁴ of this unforgettable trip depends on the number of participants

5 to 7 participants ⁵	Twin bed room	CHF 5'700.-
	single room ⁶	CHF 6'850.-
8 to 12 participants	Twin bed room	CHF 4'850.-
	single room	CHF 6'000.-

Deposit: CHF 1'000.- within 5 days after registration. Balance is due 45 days before departure. *With the deposit we make sure SoE can book three private visitations, hotel rooms, domestic flights and the boat for us. For these reasons, in the case of a withdrawal/cancellation on your part deposit is non-refundable.*

Included in the price

- 10 nights
 - 4 nights in Cairo at the 5-star Deluxe Mena House Hotel, 5 boat nights,
 - 1 night in Luxor at the Hotel Sonesta St. George 5-star Deluxe Hotel
- Arrival and departure transfers to and from the airport
- 3 private visitations - Sphinx, Temple Isis, Great Pyramid
- All meals incl. water (without soft or other drinks)
- 2 domestic flights: Cairo - Aswan, Luxor - Cairo
- All excursions, luxury car trips and minibus rides including free water on board
- All entries to the temples
- Detailed booklet on the history of ancient Egypt
- Set of wet wipes and toilet paper for on the road
- Tipping for drivers, representatives, hotel employees, porters, boat's crew, safety officers etc.
- Pocket money in cash, in small Egyptian pound notes, for tips (e.g. toilet, hotel staff etc.)
- On the boat: water, snacks, tea & coffee, fruits, internet Wi-Fi

Not included

- Return flights to and from Cairo (from Zurich between 450.- to 550.- CHF)
- Egyptian visa to be paid in cash on arrival at the airport in Cairo USD 25.-
- Travel, health and cancellation insurance costs
- Accommodation costs for additional nights before or after the trip
- Tipping for Tour Guide (Egyptologist) & Tour Manager (recommendation \$ 10 per day each)
- If desired, private session with Cristina CHF 120.-
- Individual purchases

⁴ Price adjustment of plus or minus 10% reserved

⁵ Minimum number of participants 5 people | Maximum number of participants limited to 12

⁶ Single room price goes up due to size of rentable boat on Nile. The more single rooms, the bigger the boat.